

Beginning The Parenting Journey

Join us on your journey into Parenthood



**Kingsland Children's
Centre (ST2 9AS)**

**Mondays
9.30am-11.30am**

**20th April - 25th May
15th June - 20th July**

**To book a place please
phone 01782 238352**

**Packmoor Medical
Centre (ST7 4SS)**

**Thursdays
9.30am-11.30am**

**23th April - 28th May
18th June - 23th July**

**To book a place please
phone 01782 236655**

**Meir Primary Care
Centre (ST3 6AB)**

**Fridays
9.30am-11.30am**

**8th May - 12th June
3rd July - 7th August**

**To book a place please
phone 07595 091220**